

| Pos | First Name | Last Name         | Country |                                                                                   | Time     | Run      | T1       | Swim     | T2       | Run      |
|-----|------------|-------------------|---------|-----------------------------------------------------------------------------------|----------|----------|----------|----------|----------|----------|
| 1   | Alejandro  | Cañas             | ESP     |  | 00:30:38 | 00:00:00 | 00:00:00 | 00:13:18 | 00:00:31 | 00:16:48 |
| 2   | Camilo     | Puertas Fernandez | ESP     |  | 00:31:44 | 00:00:00 | 00:00:00 | 00:13:31 | 00:00:38 | 00:17:34 |
| 3   | Jesse      | Lormans           | BEL     |  | 00:32:55 | 00:00:00 | 00:00:00 | 00:14:03 | 00:00:36 | 00:18:16 |
| 4   | Robin      | Wickersheim       | GER     |  | 00:38:03 | 00:00:00 | 00:00:00 | 00:14:56 | 00:00:41 | 00:22:25 |

| Pos | First Name | Last Name | Country |                                                                                    | Time     | Run      | T1       | Swim     | T2       | Run      |
|-----|------------|-----------|---------|------------------------------------------------------------------------------------|----------|----------|----------|----------|----------|----------|
| 1   | Jana       | Koradej   | SLO     |   | 00:34:03 | 00:00:00 | 00:00:00 | 00:14:22 | 00:00:35 | 00:19:05 |
| 2   | Irene      | Cabrera   | ESP     |   | 00:37:29 | 00:00:00 | 00:00:00 | 00:14:53 | 00:00:39 | 00:21:56 |
| 3   | Kaja       | Schroeder | GER     |  | 00:40:41 | 00:00:00 | 00:00:00 | 00:15:40 | 00:00:41 | 00:24:19 |