TRIATHLON FESTIVAL DVORY NAD ŽITAVOU26th JUNE 201024th MICRO-TRIATLON DVORY NAD ŽITAVOU3rd round of the Slovak Triathlon Tour

Slovak National Championship

Slovak Kids Triathlon Tour Central European Tour Hobby Triathlon Tour – SUPER SPRINT TRIATHLON

Oranizer:	TJ Družstevník Dvory nad Žitavou
Place:	Dvory nad Žitavou, Lake – štrkovisko1.
Date:	26 th June 2010

MICROTRIATHLON / KIDS TRIATLON/HOBBY TRIATHLON

Categories/Courses:

Kids Triathlon			
	Younger Kids	1997 and younger	0,15-4-1
	Elder Kids	1995 – 1996	0,3-8-2
MicroTriathlon			
	juniors	1991 - 1994	0,75-20-5
	elite M	1971 - 1990	0,75-20-5
	elite F	1990 and earlier	0,75-20-5
	seniors I	1961 - 1970	0,75-20-5
	seniors II	160 and earlier	0,75-20-5

Every competitor must have a valid licence or can purchase a one day licence for the price of 20 Sk.

Hobby Triathlon	0,35 - 12 - 2,5 for all categories:
	19 years of age and younger
	20-29 years of age
	30 - 39 years of age
	40 - 49 years of age
	50 years of age and "younger" :0)
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Anybody can start at the hobby triathlon but it was meant to organize for those who are not seriously trained. Therefore we cut the regular race course by a half to avoid injury. We hope you will enjoy the race and become once a serious triathlet.

Courses:	Swimming on the lake called Štrkovisko 1. near to Dvory nad Žitavou
	Bike - flat track closed to traffic 3laps of app. 6,7 km, road between Nové Zámky and Dvory
	n/Žitavou
	Run - flat asphalt surface, 2 laps of 2,5 km

Entry fee:	Kids Main race and Ho	obby Triathlon		y until 156.2010, y after deadline
On-line entry: Race day entry:	www.sportis.cz Lake Štrkovisko 1 Dvory nad Žitavou, at least 60 min. before the start.			
Accomodation:	In case you would like to stay longer in our village we can book rooms in the local college, 8€ per person per night, send an email tobefra@befra.sk			
	Športhotel, Nové Zámky te		tel: 035.6	6450 53-6 6423091 640 0430 – 433
PRIZE MO	DNEY:	620,- EUR		
MicroTriathlon		MALE abs. FEMALE abs.	-	00-80-66-54-40-34-26-20 00-66-34-20
Kids race			:]	prizes

Hobby Triathlon

: prizes

Attention

 \ast the competitors are obliged to comform to the general triathol regulations of the STU and ETU for the year 2010

* drafting is allowed;

* the bike course is situated on a traffic free road, even though every competitor is obliged to go by the general regulations of road traffic and to follow the instructions of organizers and race marshals

* the competitors take part in this race on their own liability;

* the competitors must use helmet according to the ETU and STU regulations

Central European Tour:

The main race (MicroTriathlon) is a part of the Central European Triathlon Tour. Awarded will be the overall winners of the circuit according to the race regulations at <u>www.triathlon.hu</u>. Hereby the winners also receive discount on the start at the ITU Triathlon World Championship in Budapest , Hungary $11^{th} - 12^{th}$ 9.2010

Program:

SATURDAY 08.00 – 09.30 08.00 – 11.00	registration – Hobby Triathlon registration – MicroTriathlon
09.00 – 09.45	DEPO OPENING Hobby Triathlon
09.45	race instructions
10.00	START HOBBY TRIATHLON 0,35 -12-2,5km
11.00 – 11.15	DEPO BIKE OUT Hobby Triathlon

11.15 - 11.45	DEPO OPENING MicroTriathlon
11.50	race instructions
12.00	START MicroTRIATHLON 0,75 -20-5km
14.30	Award Ceremony
12.00 - 15.00	registration – KidsTriathlon
15.00 - 15.15	DEPO OPENING Kids Triathlon
15.15	race instructions
15.30	START KIDS TRIATHLON
17:30	Award Ceremony Kids Triathlon

the right to change the time schedule is reserved by the organizers

We wish you a succesfull preparation and a nice and funny day spent in our village. We are looking forward to see you on 26th June 20010 in Dvory nad Žitavou. Organizers

For more information please call +421 908 789 065

